**STAGES OF GRIEF My experience**

J

Loss-Hurt

Shock Numbness

Oenlal

Emotional Outbursts

Anger

**Fear**

**Loss**

Adjustm<1nt

Helping Others

Afflrmatlon Numbne Hope

New Patterns

New Strengths

New

**Fea**

New Strangths

New

Searchings

Disorganization

**Panic**

Loneliness

Relatlonshlps

"Re'Entry•

**Troubles**

Oepresslon

Searchings

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