

## ANGER QUOTES

Those tormented by the pain of anger,  
will never know tranquility of mind,  
strangers to every joy and pleasure;  
sleep deserts them, they will never know rest.

~SHANTIDEVA -8TH CENTURY

The greatest remedy for anger is delay.

~SENECA

An angry man opens his mouth and shuts up his eyes.

~CATO

Anger begins with folly, and ends with repentance.

~H. G. BOHN

Anger blows out the lamp of the mind.

~ROBERT GREEN INGERSOLL

I was angry with my friend:

I told my wrath, my wrath did end.

I was angry with my foe:

I told it not, my wrath did grow.

~WILLIAM BLAKE

Keep cool; anger is not an argument.

~DANIEL WEBSTER

Men often make up in wrath what they want in reason.

~WILLIAM ROUNSEVILLE ALGER

Anger is a momentary madness, so control  
your passion or it will control you.

~HORACE

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When a man is wrong and won't admit it, he always gets angry.

~HALIBURTON

Anger is as a stone cast into a wasp's nest.

~MALABAR PROVERB

An angry man is again angry with himself when he returns to reason.

~PUBLILIUS SYRUS

Anger is seldom without argument, but seldom with a good one.

~LORD HALIFAX

When angry count four; when very angry, swear.

~MARK TWAIN

Anger and intolerance are the twin enemies of correct understanding.

~MAHATMA GANDHI

Anybody can become angry—that is easy;  
but to be angry with the right person, and to  
the right degree, and at the right time, and  
for the right purpose, and in the right  
way—that is not within everybody's power  
and is not easy.

~ARISTOTLE

Wise anger is like fire from a flint: there is  
great ado to get it out; and when it does  
come, it is out again immediately.

~MATTHEW HENRY